



Zone Therapy: Or Relieving Pain and Disease (Classic Reprint) (Paperback)

By Wm H Fitzgerald

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Zone Therapy: Or Relieving Pain and Disease Thousands of lives are lost annually from diseases which could have been prevented. Hundreds of thousands, because of some preventable ailment, which partially or totally incapacitates them, are today living only a small part of their lives. Millions of dollars yearly are squandered on medicines, doctors and undertakers - much of which might have been saved by a right knowledge of the laws of health and hygiene. Even among the comfortably situated, or even well-to-do, robust, vigorous health is the rarest of possessions. The most rugged-looking, on being closely and sympathetically catechised, will admit to a touch of rheumatism ; a chronic stomach, liver, or kidney trouble; nervousness, headaches, neuralgia, constipation, or something that tends to prevent his attaining completest physical power and mental efficiency. And the weaker sex more than justify their descriptive adjective. For 80 of those not directly under a physicians care, or taking some medicine or form of treatment for something, should be. Conditions are improving, however. There is a dawn of hope for...



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