



Integration: The Psychology and Mythology of Martin Luther King, Jr. and His (Unfinished) Therapy with the Soul of America (Paperback)

By Jennifer Leigh Selig

Mandorla Books, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Jesse Jackson once said of Martin Luther King, Jr., Thinking about him is like thinking about the prism, the sun shining through a glass from as many angles as you look. You know there is another set of rays, and as many angles as you think about Dr. King, there is yet another set of angles with which to analyze him. Author and depth psychologist Jennifer Leigh Selig approaches King from the angle of a cultural therapist, a radical conceit that extends therapy beyond the bounded container of the consulting room and into the cultural milieu, and beyond the narrow purview of the licensed few and into the hands of the committed many. During the Civil Rights Movement, Selig illustrates how King put America on the couch, talked with her about her issues, challenged her to see her psychological dis-ease, and marched with her along the path of healing, toward her own integration. And just as common wisdom says that therapists can only take clients as far toward wholeness as they have traveled themselves, it is illuminating...



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