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The Ultimate Guide to Clearing Your Clutter: Liberate Your Space, Clear Your Mind and Bring in Success

By Mary Lambert

Ryland, Peters & Small Ltd. Paperback. Book Condition: new. BRAND NEW, The Ultimate Guide to Clearing Your Clutter: Liberate Your Space, Clear Your Mind and Bring in Success, Mary Lambert, Living in clutter drains your energy, relationships and finances and keeps you stuck in a rut. If you're surviving rather than thriving, "The Ultimate Guide to Clearing Your Clutter" will help you clear out what you don't need in your home and make way for new energy and opportunities in your life. Learn exactly how to declutter, room by room, and use simple feng shui techniques to understand your connection to your junk and why it can be so hard to get rid of it. With maps showing the clutter hot spots in your home and step-by-step methods to declutter using just five refuse bags, you'll soon have a clear and tidy living space. Cleanse and energize the atmosphere with powerful and ancient space-clearing techniques, from smudging and drumming to working with crystals to revitalize your rooms and your spirit - and create a positive environment that inspires your confidence, health, relationships, and career. This guide is packed with ideas for storing your treasured objects and to get really organized...



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