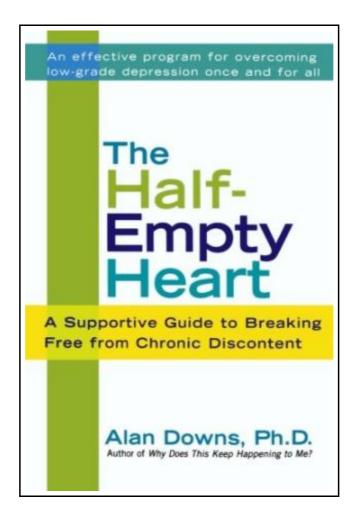
The Half-Empty Heart: A Supportive Guide to Breaking Free from Chronic Discontent



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