



## More Scripts and Strategies in Hypnotherapy (Hardback)

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By Lynda Hudson

Crown House Publishing, United Kingdom, 2010. Hardback. Book Condition: New. 238 x 162 mm. Language: English . Brand New Book. This book covers: Anxiety; Panic Attacks; Phobias; Sexual problems; Breaking habits; Sporting performance; Managing dyslexia and related social stigma; Essential tremor; Tics and twitches; Urinary incontinence; IBS; Pain control; Preparation for and recovery from childbirth; Sleeping difficulties; Speaking in groups, meetings, conferences, etcetera; Enhanced business performance; Preparation and recovery from surgery and illness; Coping with mild to moderate depression; and, Recovering memory (not recovering traumatic memory). Also included is the use of Hypnotic Language and suggestions for varying scripts for particular clients. This volume is an outstanding complement to Roger Allen s now classic Scripts and Strategies in Hypnotherapy ISBN: 9781904424215 and will be welcomed by beginner and experienced practitioners alike.



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