



Screen-Smart Parenting: How to Find Balance and Benefit in Your Child's Use of Social Media, Apps, and Digital Devices

By Jodi Gold

Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Screen-Smart Parenting: How to Find Balance and Benefit in Your Child's Use of Social Media, Apps, and Digital Devices, Jodi Gold, Even for today's most tech-savvy parents, managing kids' technology use is a huge challenge fraught with uncertainties. What kinds (and amounts) of screen time boost learning and development--and what kinds may be harmful? When is the right age for a game console or a smartphone? How can kids and teens be protected from cyberbullying and learn to be good digital citizens? What impact do parents' technology habits have? In her busy psychiatry practice--and while raising her own kids--Jodi Gold sees every day both the mind-boggling benefits and the serious downsides of technology. In a positive, accessible style, she gives parents a wealth of practical strategies for navigating the digital frontier and creating realistic, doable rules and expectations for the whole family.



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Reviews

An exceptional book and also the font utilized was intriguing to read. This is for all who statter there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Prof. Tyson Hilpert

Great electronic book and valuable one. It really is simplistic but surprises within the fifty percent from the book. Its been printed in an extremely simple way in fact it is merely right after i finished reading this publication by which in fact modified me, change the way i really believe.

-- Dr. Bethany Lindgren