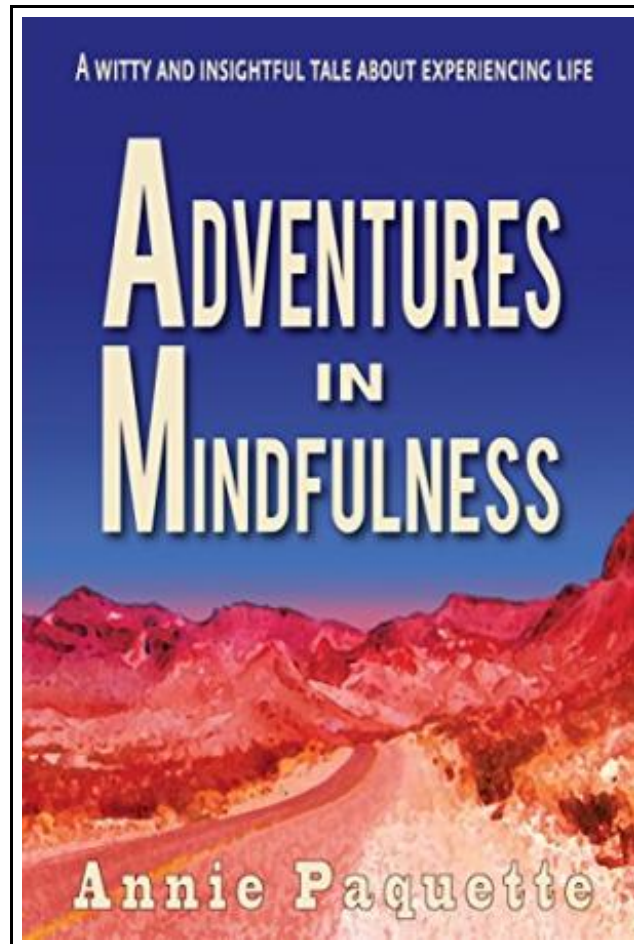


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Reviews




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ADVENTURES IN MINDFULNESS: A WITTY AND INSIGHTFUL TALE ABOUT EXPERIENCING LIFE (PAPERBACK)



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Annie Paquette/AIM, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A SPARKLING AND COMPELLING MEMOIR CHRONICLING A WOMAN S QUEST TO FIND HER TRUTH AND VOICE IN THE WORLD. --- Annie s courageous ability to share the human experience with wit and charisma makes us realize that our lives are extraordinary. [Georgia R. B, Alaska, USA] --- IN 2011, in the hope of beginning a more purposeful life, the author boldly follows an inner whisper and decides on a daring move across the continent. UPON ARRIVAL, plans for her new life fall apart and she begins chronicling her experience. Day after day she tells the story of trying to stay centered, of teetering between a stubborn belief in happy endings and her current bleak circumstances, of being graced with illuminations no sooner forgetting them, and of standing strong only to be tumbled over by doubt. This book could have been titled: What A Quest For Purpose Looks Like For Most Of Us (who are not spiritual masters). THIS FOUR-MONTH journey turns into an unabashed and often humorous spiritual memoir where twists of mind and inner radiance compete for the starring role as anecdotes, personal lessons and wisdom are shared. Throughout, scenes exude an uncommon candor and refreshing authenticity. Although this is the story of one, center stage belongs to the universal journey of seeking one s truth and self-empowerment. THIS BOOK tells the tale of the alternating feistiness and surrender of a spirit and shamelessly exposes the nooks and crannies of an odd - though oddly familiar - mind. As she amuses us with her peculiar meanderings and nudges at our sense of self with her insightfulness, the author brandishes her journey as a revealing and compassionate...

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