



Captain Courage

By Gareth Thomas

Accent Press Ltd. Paperback. Book Condition: new. BRAND NEW, Captain Courage, Gareth Thomas, Be the person you want to be Gareth Thomas is one of Wales' greatest rugby players known for his speed, powerful physique, fearless attitude and his trademark 'Ayatollah' celebration after scoring a try. After years of hiding the truth, Gareth became the first international rugby player to come out as gay. He now uses his experience to help others overcome their own problems through his anti-bullying work with school children. In Captain Courage he talks about his life and gives practical tips on how you can be the person you want to be.



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